### Safe Alternatives to Pesticides in the Home

<table>
<thead>
<tr>
<th>Pest</th>
<th>Alternatives</th>
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| Ants          | • Mix in equal parts **powdered sugar** and **borax**.  
• Sprinkle it on the corners and around the columns of the house.  
• Place salt, **dry red chili peppers**, mint or **dry sage** in the entrance. |
| Cockroaches   | • Mix in equal parts **powdered sugar** and **borax**.  
• Sprinkle it on the corners and around the foundations of the house.  
• Store food in closed containers and maintain a clean kitchen.  
• Make sure that other areas of the house are clean and free of food.  
• Place **bay leaves** in the clefts of the walls. |
| Fleas         | • Feed your pet **garlic tablets**, vitamin B, or **brewer’s yeast**.                                                                              |
| Flies         | • Use **sticky paper** or a **flyswatter** or both.  
• Place mint or **ground basil leaves** around the windows and doors.                                                                  |
| Moths         | • Place **cedar wood**, bags of lemon peels, bay leaves, whole cloves, dried rosemary, mint, or **black pepper** with clothes.                |
| Rats          | • Place fresh food on the **rat traps**. Place rat traps and **sticky paper** in areas where children are unable to see or touch.              |

### Safe Alternatives to Pesticides in the Garden

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| Ants          | • Plant **onion plants**.  
• Place **coal powder** or **bone powder** around the garden.                                                              |
| Aphids        | • Mix **water and soap** and sprinkle it on the plants.                                                                                       |
| Weeds and Grass | • Pull them out.                                                                                                                            |
| Snails and Snakes | • Plant **onion plants**.  
• Fill a pot with **vinegar** and bury it in the soil to trap pests.  
• Place an old wooden table or cabbage leaves in the soil to trap them underneath. When you have them, place salt to kill them. |
| Beetles and Caterpillars | • Find them in the plants and place on them a mix of **soap** and **water**.                                                                 |

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Keep Pests out of Your Home

- **Keep the kitchen clean.** Clean dishes each night; at minimum, scrape off excess food and rinse. Keep counters and floors clean; clean up spills and crumbs.

- **Put all food away in tightly sealed containers.**

- **Keep indoor trash bins closed and sealed.** Take out garbage and recycling often.

- **Remove any source of water.** Avoid standing liquids: fix pipe leaks, drain dishwasher at the end of the day. Don’t leave pet food and water out in a bowl overnight.

- **Plug holes where pests come in.**

Use the Safest Pesticide Options

- **Use natural alternatives instead of pesticides.** See back page.

- **Use baits and gels instead of sprays.** Baits and gels are better because they are contained and don’t get into the air or dust and move around your home.

- **Place the pesticides where children can’t reach them.**

- **If you must use sprays, remove children, their toys, and pets from the area.**

- **If you must use sprays, Open all the windows and doors in the area that you are spraying.**

Safe Storage

- **Store pesticides out of the reach of children.** Keep pesticides in a clearly marked and locked area.

- **Never transfer pesticides to containers that children might associate with food or drinks.** Never put chemicals in